

How to Register

Mail your registration form with check or money order payable to the **Morningside Area Community Council - One Mile Run** (do not mail cash) to:

**Morningside Mile
Honoring Those Who Serve**
c/o Morningside Area Community Council
P.O. Box 90185
Pittsburgh, PA 15224-0185

Payment by credit card is only available to those who register online. Please visit www.morningside-pa.org/run to learn more about online registration.

For additional information, visit www.morningside-pa.org/run or contact the Morningside Mile Committee: 412-204-7410 or run@morningside-pa.org.

Volunteer to Help

If you aren't interested in running or walking in the race, perhaps you'd consider volunteering to help! Call 412-874-7440 or send an email to run.volunteers@morningside-pa.org.

Thank You!

Thank you for supporting the **Morningside Mile Honoring Those Who Serve.**



[facebook.com/MorningsideMilePgh](https://www.facebook.com/MorningsideMilePgh)



MORNINGSIDE MILE

Honoring Those Who Serve

P.O. Box 90185

Pittsburgh, PA 15224-0185

HONOR THOSE WHO SERVE

1-MILE RACE FOR STROLLERS AND SPRINTERS

Saturday, September 8, 2012
8:30 a.m.

Registration Form

MORNINGSIDE MILE
Honoring Those Who Serve

www.morningside-pa.org/run
412-204-7410 or run@morningside-pa.org

About the Mile

The **Morningside Mile Honoring Those Who Serve** is a program of the Morningside Area Community Council, a non-profit organization that exists to represent the interests of concerned residents, businesses, organizations and other parties to promote and foster the social, economic and physical well being of Morningside.

The Morningside Mile is being organized in partnership with the Morningside VFW Post 3945. The proceeds of this race will go to support two worthwhile organizations: the **Wounded Warrior Project** and the **Morningside Area Community Council.**

This Year's Honoree

This year's honoree is **Army Sergeant Damian Duggan.**

Damian and his family moved to Morningside in 1993 when he was nine years old, and he soon began attending St. Raphael's Elementary School. Damian resided in Morningside until he enlisted in the United States Army in 2008. Since completing basic training, Damian's service has taken him all over the world, including to his recent deployment in Afghanistan.

We appreciate the sacrifices that Sgt. Duggan and his family have made so that others can be free and are proud to have him as the 2012 Morningside Mile honoree.

Proud
Supporter of



MORNINGSIDE ★ MILE

Honoring Those Who Serve

Registration Information

Please complete and submit this household registration form along with your check or money order. Full information must be provided for one household contact - this individual must be over the age of 18 years, **but does not have to be participating**. Runner information must be completed for each person registering to run or walk in the event. If you have used all of the Runner Information spaces, please attach an additional form or page and include the requested information for any additional participants.

Category	Description	Early Bird Fee (Before midnight, July 31, 2012)	Registration Fee (Aug. 1 – 31, 2012)	Late Reg. Fee (Sept 1 – 8, 2012)
Adult	16 years of age and older	\$20.00	\$25.00	\$30.00
Child	Between 5 and 15 years of age*	\$10.00	\$15.00	\$20.00
Family	Up to two adults plus children living in one household	\$40.00	\$50.00	\$60.00
Family Dog	People- and dog-friendly dogs on leashes only	\$10.00	\$10.00	\$10.00

* Children less than 5 years of age do not need to register, but are welcome to join their family members in the Run.
** Those registering on or after September 1 are not guaranteed a T-shirt or race timing.

Additional Competition for Those Who Serve

Active, reserve and veteran members of the military as well as local public safety employees will be recognized and their scores will be averaged to determine the fastest branch or department. Please enter your military branch or public safety department along with your other personal information. If you are a member of the military and work in public safety, please circle the team with which you would like to be included for the competition.

Canine Participants

This year, the family dog can participate in the Morningside Mile. Each dog will receive a one-size-fits-most race bandana. Every dog must be leashed and a dog owner (18+ years old) must be registered and walk with each dog (one person per dog), no exceptions. Dog owners are responsible for the behavior and clean-up of their pet. Dogs will not receive a timing chip.



Submit this form with your payment

Primary Contact for Household:

First Name: _____ Last Name: _____
 Phone #: _____ Email: _____
 Address: _____
 City: _____ State: _____ Zip: _____

Runner Information:

Adult # 1

Full name: _____
 Birth date: _____
 Male: _____ Female: _____
 T-Shirt: S M L XL 2XL
 Military branch: _____
 Public safety department: _____

Adult # 2

Full name: _____
 Birth date: _____
 Male: _____ Female: _____
 T-Shirt: S M L XL 2XL
 Military branch: _____
 Public safety department: _____

Child # 1

Full name: _____
 Birth date: _____
 Male: _____ Female: _____
 T-Shirt: CHOOSE Youth or Adult (please circle)
 Youth: S M L Adult: S M L XL 2XL

Child # 2

Full name: _____
 Birth date: _____
 Male: _____ Female: _____
 T-Shirt: CHOOSE Youth or Adult (please circle)
 Youth: S M L Adult: S M L XL 2XL

Dog # 1

Name: _____

Dog # 2

Name: _____

Early Bird Registration Fee Calculation

~ Up to and including July 31, 2012 ~

of Adult(s) _____ x \$20 = \$ _____
 # of Child(ren) _____ x \$10 = \$ _____
 Family Rate _____ x \$40 = \$ _____
 Family Dog _____ x \$10 = \$ _____

Registration Fee Calculation

~ August 1 - 31, 2012 ~

of Adult(s) _____ x \$25 = \$ _____
 # of Child(ren) _____ x \$15 = \$ _____
 Family Rate _____ x \$50 = \$ _____
 Family Dog _____ x \$10 = \$ _____

Late Registration Fee Calculation

~ September 1-8, 2012 ~

of Adult(s) _____ x \$30 = \$ _____
 # of Child(ren) _____ x \$20 = \$ _____
 Family Rate _____ x \$60 = \$ _____
 Family Dog _____ x \$10 = \$ _____

